

# Activity Opportunities 2018 – 2019

## EDUCATION OPPORTUNITIES

### Extended Day Learning

Another opportunity for students, especially those needing to raise their grades, to work on class work and projects. Students will also work on Compass Learning in the areas of math and reading.

Days: Tuesday through Thursday  
Time: 2:40 - 4:30 pm  
Place: 7<sup>th</sup> Grade Flex Room - C128  
Contact: TBD

### After School Band

Perform Pep Band music for the home football games and Pep Rallies, practice our class band music, and learn about improvisational playing (Jazz) ensemble (small groups), and work one-on-one with Mr. Freeby as needed. You can attend one or both days and you get extra credit and citizenship notes for attending.

Days: Wednesday and Friday  
Time: 2:55 - 4:00 pm  
Place: Band Room  
Contact: Mr. Freeby - B124

### After School Orchestra

Here is an opportunity for additional playing, help and creative projects. Students will have the opportunity to help plan performances, learn new styles of playing and contribute to a composition project.

Days: Wednesday and Friday  
Time: 2:55 - 4:00 pm  
Place: Orchestra/Choir Room  
Contact: Mr. Toll - B126

### After School Choir

After school choir is an opportunity to expand and grow a students' vocal music skills. We will work on audition techniques, vocal technique, music knowledge, and just have fun singing.

Days: Tuesday and Thursday  
Time: 2:55 - 4:00 pm  
Place: Orchestra/Choir Room  
Contact: Mr. Leonard - B126

## After School Activities School-Sponsored

### Sci-Tech+ Club

Students work with a partner to design and build Lego Mindstorms Robots for various competitions within our club and between other schools with similar clubs.

Days: Mondays, November through April  
Time: 3:00 - 4:15 pm  
Place: B127 or A112  
Contact: Mr. Eckelberry (B127) & Dr. Bietau (A112)

### Growing Together Garden Club

Students are invited to work collaboratively with peers who have disabilities. The weekly sessions will include a snack and socializing. Garden projects include planting seeds, caring for seedlings, pulling weeds, planting a salad garden and planting flowers in school flowerbeds.

Days: To be determined at a later date  
Place: B101  
Contact: Mrs. Hegarty - B101

### The Play

Tryouts will be held right before winter break. The play performs in early Spring. More information to come.

Days: Monday - Thursday  
Time: 3:00 - 5:00 pm  
Place: Stage  
Contact: Mrs. Burton - C106

### StuCo

Representative Student Government. Elections are held in the fall.

Days: Meet monthly as needed  
Contact: Mrs. Harris (A104) & Ms. Wolgast (B103)

### KAY Club

Providing leadership and service opportunities for our youth to serve our school, community and the world. Our motto is "We serve because we can."

Days: Tuesdays  
Time: 3:00 - 4:00 pm  
Place: Library/Media Center  
Contact: Mrs. Thornburrow - B133

(Continued on reverse side)

Time 3:00 - 5:15 pm  
Place: Room C106

### Math Counts Club

Students are selected on MAP scores, teacher recommendations and students interest in Math competitions. There is one Regional Competition and one State Competition, each on a Saturday in Salina.

Days: TBD (November - February)  
Time: 3:00 - 4:00pm  
Place: C113  
Contact: Mrs. Green (C113)

## After School Activities

Non School-Sponsored

### FCA (Fellowship of Christian Athletes)

A student-led, nondenominational Christian ministry group where students spend the time before school doing a short devotion and praying.

Days: Thursdays  
Time: 7:25am  
Place: C128  
Contact: Mr. Hildebrand - A101

### GSA (Gay Straight Alliance)

Student-led, educational discussion about the LGBTQ+ community in a safe environment. Members will have the opportunity to lead discussion on a specific topic.

Days: Wednesdays  
Time: 3:00-4:00pm  
Place: Ms. Whetstone's Room (A121)  
**Contact: Ms. Whetstone (A121) & Mrs. Myers (C124)**

### Heart & Sole

Heart & Sole is the middle school version of Girls on the Run. It is a 10 week, after school program where highly trained volunteers guide girls through a fun activities focused on the girls building confidence, connections, character, care, and physical/social/emotional skills. More Info: [www.gotrflinthills.org](http://www.gotrflinthills.org).

Days: Tuesdays & Thursdays, February through May  
Time: 2:45-4:15pm  
Place: AMS, room TBD  
Contact: Mrs. Heigert- B116

### The Club

The Club is fun & educational. Sponsored by the Boys & Girls Club, they provide opportunities for students both on and off campus (transportation provided). Students can participate in activities involving art, drama, NetSmarts, recreational activities and homework help. \$20 membership fee. Contact B&G Club

Days: Monday through Friday

S:\MAIN OFFICE\PRINCIPAL'S SECRETARY\Activity Opportunities 2015-2016

## ATHLETIC OPPORTUNITIES

A COMPLETE sports physical packet is due to the Athletic Secretary before the student can participate in any sport.

### Fall Sports (August through October)

**7<sup>th</sup> & 8<sup>th</sup> Grade Football**  
Contact: Coach Dick  
[kentd@usd383.org](mailto:kentd@usd383.org)  
**7<sup>th</sup> & 8<sup>th</sup> Grade Girls Volleyball**  
Contact: Coach Regier  
[jenniferr@usd383.org](mailto:jenniferr@usd383.org)  
**7<sup>th</sup> & 8<sup>th</sup> Grade Cross Country**  
Contact: Coach Eckelberry  
[jeffe@usd383.org](mailto:jeffe@usd383.org)

### Winter Sports (October through December)

**7<sup>th</sup> & 8<sup>th</sup> Grade Girls Basketball**  
Contact: Coach Snyder  
[lukes@usd383.org](mailto:lukes@usd383.org)  
**7<sup>th</sup> & 8<sup>th</sup> Grade Wrestling**  
Contact: Coach Hendricks  
[chuckh@usd383.org](mailto:chuckh@usd383.org)

### Mid Winter Sports (January and February)

**7<sup>th</sup> & 8<sup>th</sup> Grade Boys Basketball**  
Contact: Coach Schinstock  
[mitchells@usd383.org](mailto:mitchells@usd383.org)

### Spring Sports (March through May)

**7<sup>th</sup> & 8<sup>th</sup> Boys and Girls Track**  
Contact: Coach Pickler  
[mikep@usd383.org](mailto:mikep@usd383.org)  
**7<sup>th</sup> & 8<sup>th</sup> Grade Girls & Boys Tennis**  
Contact: Coach Whetstone  
[rachelwh@usd383.org](mailto:rachelwh@usd383.org)

## After School

### Activity Bus

Students MUST have a pass from the activity sponsor. Students cannot ride the bus if they have not participated in an activity that day. (The bus will **NOT** run the nights of Parent/Teacher Conferences).

Days: Tuesday - Thursday (Starting Sept 5<sup>th</sup>)  
Time: Departs at 4:35 pm

